

# Beauty sleep

A GOOD NIGHT'S REST CAN WORK WONDERS!

Every girl knows how important her beauty sleep is. But if you wake up in the morning feeling nothing like Sleeping Beauty, we've tracked down just the products to help you out...



1 Oh So Heavenly Beauty Sleep Over the Moon Moisture Rich Body Wash Cream 220ml, **R24** 2 Clinique Repairwear Lift Firming Night Cream 50ml, **R465** 3 Clicks Lavender 100% Pure Essential Oil 10ml, **R20** 4 Clinique Continuous Rescue Antioxidant Moisturizer 50ml, **R320** 5 Clicks Eye slices **R70** 6 Almay Kinetin Repair and Rejuvenate Night Concentrate 50ml, **R300** 7 Yardley Pure Anti-ageing Night Cream 50ml, **R100** 8 Peaceful Sleep available from Clicks, **R27** 9 Revlon Hydra Boost Intense Moisture Balance Night Cream 50ml, **R70** 10 Lavender soap roses from The Space, **R30**